

# Health Snapshot 2013: Buncombe, NC

BUNCOMBE COUNTY, NC	Buncombe Value	National Benchmark	NC Value	Buncombe's NC Rank
<b>HEALTH OUTCOMES</b> The face symbols indicate the status of our Buncombe Value compared to the National Benchmark or NC Value				<b>19th</b>
<b>Mortality</b>				<b>18th</b>
Premature death	7,026	⊗ 5,317	☺ 7,480	
<b>Morbidity</b>				<b>17th</b>
Poor or fair health	14%	⊗ 10%	☺ 18%	
Poor physical health days	3.4	⊗ 2.6	☺ 3.6	
Poor mental health days	3.5	⊗ 2.3	⊗ 3.4	
Low birthweight	8.6%	⊗ 6.0%	☺ 9.1%	
<b>HEALTH FACTORS</b>				<b>8th</b>
<b>Health Behaviors</b>				<b>7th</b>
Adult smoking	21%	⊗ 13%	☹ 21%	
Adult obesity	24%	☺ 25%	☺ 29%	
Physical inactivity	20%	☺ 21%	☺ 25%	
Excessive drinking	13%	⊗ 7%	☹ 13%	
Motor vehicle crash death rate	13	⊗ 10	☺ 17	
Sexually transmitted infections	300	⊗ 92	☺ 441	
Teen birth rate	40	⊗ 21	☺ 46	
<b>Clinical Care</b>				<b>6th</b>
Uninsured adults	21%	⊗ 11%	⊗ 19%	
Primary care physicians	821:1	☺ 1,067:1	☺ 1,480:1	
Dentists	1,550:1	⊗ 1,516:1	☺ 2,171:1	
Preventable hospital stays	47	☹ 47	☺ 63	
Diabetic screening	89%	⊗ 90%	☺ 88%	
Mammography screening	73%	☹ 73%	☺ 69%	
<b>Social &amp; Economic Factors</b>				<b>15th</b>
High school graduation	81%	No benchmark	☺ 80%	
Some college	68%	⊗ 70%	☺ 62%	
Unemployment	8.2%	⊗ 5.0%	☺ 10.5%	
Children in poverty	27%	⊗ 14%	⊗ 25%	
Inadequate social support	17%	⊗ 14%	☺ 21%	
Children in single-parent households	32%	⊗ 20%	☺ 35%	
Violent crime rate	293	⊗ 66	☺ 411	
<b>Physical Environment</b>				<b>74th</b>
Daily fine particulate matter	13.5	⊗ 8.8	⊗ 12.9	
Drinking water safety	0%	☹ 0%	☺ 3%	
Access to recreational facilities	10	⊗ 16	⊗ 11	
Limited access to healthy foods	9%	⊗ 1%	⊗ 7%	
Fast food restaurants	43%	⊗ 27%	☺ 49%	

NOTES: The faces indicate the status of our Buncombe Value relative to the National Benchmark or NC Value.

- ⊗ Buncombe Value **does not meet** NC Value or National Benchmark.
- ☹ Buncombe Value is **equal to** NC Value or National Benchmark
- ☺ Buncombe Value is **better than** NC Value or National Benchmark